

TRYON CDE 2021

TIMETABLE

CONES SPEEDS, TIMES AND DISTANCES

	Distance in m	Speed in m/min	Speed in km/h	Time HH:MM:SS	Time sec
Preliminary Division	640	200	12.00	:3:12	192
Intermediate Division	640	220	13.20	:2:55	175
Advanced Division	640	250	15.00	:2:34	154