



For all who love horses!

Week of August 1-7, 2022

EVENTS - Tryon.com/allevnts

Date	Description	Time	Location
8/2-7	USHJA EAP Clinic	8am-5pm	Blue Ridge Arena Covered Tent
8/3 & 4	Friends of Bill, Greener Pastures	7pm	Cabin 14A
8/6 & 7	US Mounted Games Assoc. (USMGA)	8am-5pm	Tryon Stadium
8/6	Saturday Night Lights: USMGA Competition	6-9pm	Legends Plaza and Tryon Stadium
8/6	Live Music: Crocodile Smile	5-6:30p, 8-9p	Legends Plaza Stage
8/7	Foothills Village Chapel Service	9am	Cabin 14A

RESTAURANTS - Tryon.com/Dining

Name	Hours of Operation
Bear's BBQ	Wed-Sun 11am-8pm
Blue Ginger Sushi	Wed 4pm-9pm; Thur-Sun 11am-9pm
Campagna Italian	Mon, Wed 4-9pm; Thur, Fri, Sun 11am-9pm; Sat 11am-10pm
General Store	Mon-Thur, Sun 7am-9pm; Fri-Sat 7am-10pm
Legends Grille	Tue-Thur 4-9pm; Fri, Sun 11am-9pm; Sat 11am-10pm
Pony Express Deli	Wed-Sun 7am-4pm
Roger's Diner	Mon-Thur, Sun 7am-4pm; Fri 7am-8pm; Sat 7am-9pm
Siesta Cantina	Wed-Fri, Sun 11am-4pm; Sat 11am-3pm & 5pm-9pm
Silo Bar	Thur 3pm-10pm; Fri-Sat 12pm-1am; Sun 10am-4pm

SHOPS & AMENITIES - Visit Tryon.com/shopping for hours of operation

Always a Good Ride Equine Simulator (Cabin 2A)	Equine & Design Boutique (Cabin 11A)
J'ai Besoin Wellness (BEMER Cabin 4B)	Eyes of Wellington (Cabin 12B)
Bonne Bouche Fine Chocolates (Cabin 8A)	Farm House (Cabins 9 & 10)
Breakaway Chair Massage (Cabin 4A)	FarmVet (Trailer Parking next to Barn 4)
Cleghorn Golf & Sports Club (CleghornGolf.com)	Foothills Village Chapel (Cabin 14A)
Cleghorn Gun Club (CleghornGolf.com)	Forevermore Farm Florist (Cabin 1)
CWD (Popup Cabin between Barns 3 & 4)	IneArt (Cabin 8B)
Emma Rose Boutique (Cabin 12A)	Julie's Primp & Polish Spa (Cabin 2B)
Equine Instincts (Cabin 6)	Laundry Stall (RV lot across from Indoor Complex)
Equestrian Team Apparel (Cabin 13)	Ride Equisafe (Cabin 5)
Equestrian Wellness (Cabin 11B)	Shelly's Grocery (Cabin 15A)
	Unique Boutique (Legends Plaza)

FITNESS CENTER & ACTIVITY SCHEDULE

Carousel:	Fri 5-9pm / Sat 1-9pm / Sun 1-4pm
Fitness Center:	Mon-Fri 6am-7pm, Sat 8am-4pm, Sun CLOSED, FitnessWideOpen.com
CrossFit:	Mon-Fri 6am & 6pm, Mon/Wed/Fri 7am & 4pm, Sat 9am
SportFit:	Mon/Wed/Fri 9am, Mon/Wed/Fri 10:15-11am YOUTH
Brazilian Jiu Jitsu:	Tues/Thur 12-1pm, 4:30-5:30pm, 6-7:30pm, Sat 3-5pm
Yoga:	Tues/Thur 5-6pm, Sat 8-9am
Pickleball Social:	Thur 5-7pm
Group Cycling:	Tues 6pm, meet at General Store
Horse Trail Rides:	CLOSED for the week: Tryon.com/adventure

More info at Tryon.com/thisweek

Text "TeamTrvon" to 40691 for regular text updates.