



For all who love horses!

Week of Feb 21-26, 2023

EVENTS - Tryon.com/allevants

Date	Description	Time	Location
2/21	TIEC Trainer Days	8am-5pm	Indoor Arena
2/22&23	TIEC Schooling Days	9am-4pm	Indoor Arena
2/22&23	Friends of Bill, Greener Pastures	7pm	Cabin 14A
2/25	IEA Regional Finals	8am-5pm	Indoor Arena
2/25	Tom Bass Seminar on Diversity in Equestrian Sports	12-2:30pm	Remote/TIEC
2/25	Wicked Weed Craft Beer Pairing	6pm	Campagna Italian Cuisine

RESTAURANTS - Tryon.com/Dining

Name	Hours of Operation
Bear's BBQ	CLOSED
Blue Ginger Sushi	Thur-Sun 4-9pm
Campagna Italian	Thur 4-9pm; Fri, Sun 11am-9pm, Sat 11am-3pm (CLOSED/Paired Dinner 6pm)
General Store	Thur-Sun 8am-8pm
Legends Grille	Thur-Sat 4-9pm; Sun 10am-3pm
Pony Express Deli	CLOSED
Roger's Diner	Thur-Sun 7am-4pm
Siesta Cantina	CLOSED
Silo Bar	CLOSED

SHOPS & AMENITIES - Visit Tryon.com/shopping for hours of operation

Bonne Bouche Fine Chocolates (Cabin 8A)	Equine Instincts (Cabin 6)	Foothills Village Chapel (Cabin 14A)
Breakaway Chair Massage (Cabin 4A)	Equestrian Team Apparel (Cabin 13)	Julie's Primp & Polish Spa (Cabin 2B)
Cleghorn Golf & Sports Club & Cleghorn Gun Club (CleghornGolf.com)	Equestrian Wellness (Cabin 11B)	Laundry Stall (RV lot near Indoor Complex)
Emma Rose Boutique (Cabin 12A)	Equine & Design Boutique (Cabin 11A)	Ride Equisafe (Cabin 5)
	Eyes of Wellington (Cabin 12B)	Unique Boutique (Legends Plaza)
	Farm House (Cabins 9 & 10)	

FITNESS CENTER & ACTIVITY SCHEDULE

Fitness Center:	Mon-Fri 6am-7:30pm; Sat 7:30am-4pm FitnessWideOpen.com
CrossFit:	Mon-Fri 6:30-7:30am & 5:30-6:30pm, Sat 9-10am
Brazilian Jiu Jitsu:	Mon 4:30-5:30p, 5:30-6:30p; Tues/Thur 12-1p, 4:30-5:30p, 5:30-6:30p, 6:30-7:30p; Wed 5:30p; Sat 3-5p
Yoga:	Tues/Thur 4:30-5:30pm, Fri 12pm; Sat 8am
Kickboxing:	Mon/Wed/Fri 5-6pm
Sculpt:	Mon/Wed/Fri 6-7pm
Pickleball Social:	Thur 5-7pm
Group Cycling:	Tues 6pm, meet at General Store
Horse Trail Rides: Thursdays-Saturdays by appointment: Tryon.com/adventure	

More info at Tryon.com/thisweek
Text "TeamTryon" to 40691 for regular text updates.