



For all who love horses!

Week of March 20-26, 2023

EVENTS - Tryon.com/allevvents

Date	Description	Time	Location
3/21	Private Event	8am-5pm	Legends Lobby
3/22	Private Event	4-6pm	Legends Club
3/22&23	Friends of Bill, Greener Pastures	7pm	Cabin 2A
3/23-26	Tryon Welcome 1	8am-5pm	Rings 2-4, Tryon Stadium
3/25	Carolina Horsemans Connection Horse Auction	12-6pm	Indoor

RESTAURANTS - Tryon.com/Dining

Name	Hours of Operation
Bear's BBQ	CLOSED
Blue Ginger Sushi	Thur-Sun 4-9pm
Campagna Italian	Thur 4-9pm; Fri-Sun 11am-9pm
General Store	Tues 8am-8pm, Wed-Sun 7am-9pm
Legends Grille	Thur-Sat 4-9pm; Sun 10am-3pm
Pony Express Deli	Wed-Sun 7am-4pm
Roger's Diner	Tues-Sun 7am-4pm
Siesta Cantina	CLOSED
Silo Bar	CLOSED

SHOPS & AMENITIES - Visit Tryon.com/shopping for hours of operation

Bonne Bouche Fine Chocolates (Cabin 8A)	Equine Instincts (Cabin 6)	Foothills Village Chapel (Cabin 14A)
Breakaway Chair Massage (Cabin 4A)	Equestrian Team Apparel (Cabin 13)	Julie's Primp & Polish Spa (Cabin 2B)
Cleghorn Golf & Sports Club & Cleghorn Gun Club (CleghornGolf.com)	Equestrian Wellness (Cabin 11B)	Laundry Stall (RV lot near Indoor Complex)
Emma Rose Boutique (Cabin 12A)	Equine & Design Boutique (Cabin 11A)	Ride Equisafe (Cabin 5)
	Eyes of Wellington (Cabin 12B)	Unique Boutique (Legends Plaza)
	Farm House (Cabins 9 & 10)	

FITNESS CENTER & ACTIVITY SCHEDULE

Fitness Center:	Mon-Fri 6am-7:30pm; Sat 7:30am-4pm FitnessWideOpen.com
CrossFit:	Mon-Fri 6:30-7:30am & 5:30-6:30pm, Sat 9-10am
Brazilian Jiu Jitsu:	Mon 4:30-5:30p, 5:30-6:30p; Tues/Thur 12-1p, 4:30-5:30p, 5:30-6:30p, 6:30-7:30p; Wed 5:30p; Sat 3-5p
Yoga:	Tues/Thur 4:30-5:30pm, Fri 12pm; Sat 8am
Kickboxing:	Mon/Wed/Fri 5-6pm
Sculpt:	Mon/Wed/Fri 6-7pm
Pickleball Social:	Thur 5-7pm
Group Cycling:	Tues 6pm, meet at General Store

Horse Trail Rides: Thursdays-Saturdays by appointment: Tryon.com/adventure

More info at Tryon.com/thisweek
Text "TeamTryon" to 40691 for regular text updates.